

## **CONTENTS**

Series Introduction.....	6
Introduction .....	7
1. Chastity—What's That?.....	13
2. Marriage—God's Perfect Plan for Sex.....	25
3. Obstacles to Thinking About Sex Biblically .....	35
4. Practical Wisdom for Pursuers of Chastity .....	47
5. Normal Christian Living .....	59
6. Recreational Dating.....	69
7. Sexual Cohabitation Between Unmarried Partners.....	81
8. The Blessings of Chastity.....	91
Appendix A: What Now?.....	105
Appendix B: Other Books and Resources ....	107